



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MANITOWOC-TWO RIVERS YMCA AUGUST 2022 MEMBER NEWSLETTER

Happy August, Y Members,

It's NOT OVER YET, but we want to let you all know what a great summer we've been having here at the Y because a lot of it is not super visible when you walk through the halls. Over a hundred school age kids are spending their summer days with us on the Riverview School campus where we have transformed the classrooms in camp. Here's just a peak into YBREAK 2022:

Every day, kids try to earn their **Y Character Value** pins (Caring, Honesty, Respect and Responsibility) through their behaviors and words. They learned pretty quickly that the more pins they have (and the more pins their fellow campers have!), the more smoothly the days run and the more time they have for fun. Quality life lesson.

Literacy Pins— they are working to progressively earn their 300, 600, 900, 1200 and 1500 Minutes of Reading pins to make sure they show up back in their classroom in fall with their reading skills on track. Our fabulous celebrity readers helped us out this summer by taking time out of their busy days to read aloud to our kids. Not only does this reinforce the value of reading, it shows them that they matter to the adults in our community. Huge thank you to Tina and Jason Prigge (Vagabond Studios/ #CoolestCoast), Chief Reimer and Sergeant Krock (MPD), Terry Stevenson (Seehafer) and Mayor Nickels for using silly voices, answering ALL THE QUESTIONS, and showing up for our kids. It takes a village.

Finally, (there's so much more, but space is limited), kids are earning YBucks and attending YStore once a week. The big lesson learned here? "If I don't spend EVERY week, I can afford a BIGGER prize after a few weeks."
Financial literacy= coming at you one fidget spinner at a time.

It's been challenging and enormously rewarding work to help this young generation rediscover their social graces, confident voices, and academic success this summer... the work continues. Thank you for all you do support your Y's commitment to helping EVERY child thrive.



CAWLEY DONATION

THANK YOU to The Cawley Company for your donation of our new Wellness Room sign.



HUMANA GO365

Do you have Humana Go365? If so, good news....we can once again report your visits so you can earn rewards!

You should have received an email from Danielle at the Y with your login information and instructions. If not, please reach out to her at dwaak@mtrymca.org.

AQUATIC CENTER HOURS

Please check the [app](#) or our [website](#) for our pool hours in August as they will be changing weekly. If you know anyone interested in being a lifeguard or a swim instructor, please email Barb at bschmidt@mtrymca.org.

MAH JONGG

Learn to play the American version of the ancient Chinese tile game, Mah Jongg! Watch for more information in the Fall program guide. Starts in September!



FALL PROGRAM GUIDE

Our Fall program guide is scheduled to be published on August 15. Please click [HERE](#) or head to mtrymca.org and click SCHEDULES to view once it is available. Member registration begins on August 29 and nonmember registration begins on August 31.

FALL PREVENTION PROGRAM

The ADRC of the Lakeshore, along with the Manitowoc-Two Rivers YMCA, are excited to offer Stepping On, a 7-week falls prevention workshop. Join our facilitators and weekly expert community speakers as they offer support and education proven and researched to reduce falls by 30%, keeping you safe, healthy and on your feet! Improve your strength and balance, all while learning to identify and mitigate your risks.

Stepping On is scheduled to begin August 24th through October 5th on Wednesdays, from 1:00pm-3:00pm at the YMCA.

Call the ADRC of the Lakeshore at 1-877-416-7083 to register and reserve your seat today!

Suggested Donation: \$10

SELF-DEFENSE CLASS

We will be holding a Self-Defense class on Saturday, October 15th at 9:00am. Watch for more information in the Fall program guide!

NOW HIRING!

Seeking a job that is meaningful and serves the community you live in? Look no further, the Y is hiring! Full & Part-Time positions in 4K, Child Care, Aquatics, Gymnastics, and more! Full family membership, flexible hours, benefits, great team...Inquire with hollen@mtrymca.org!

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