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JOINER FEE  
JANUARY 1-14

# FIND YOUR PASSION FIND YOUR Y.

For a better us.®



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MANITOWOC-TWO RIVERS YMCA

### JANUARY 2022 MEMBER NEWSLETTER

Happy New Year, Y Members,

It's the time of year when Top Ten Lists abound and we are not about to be left out of the fun. Here are your 2022 Top Ten Things You May Not Know About Your Y:



**#10 We are a non-profit, 501(c)3, cause-driven organization.**

We are here to build a happier, healthier, more hopeful community through youth development, healthy living and social responsibility. We may have a gym, a pool, early childhood education, teen programming and more, but those are simply **the tools we use to fulfill our mission to build a stronger community.**

**#9 If you are a Silver Sneaker/ Renew Active or any other insurance-paid member, you are a full-fledged, card carrying member of the entire Y!** You have access to every program and activity that all members have; the *only* difference, you lucky folks, is that your insurance pays for it!

**#8 We are one of only 9 Ys in the country with an indoor tennis/pickleball court.**

**#7 Basketball, Volleyball, and Father's Day were all invented at a YMCA!**

**#6 We employ 130+ people** (during pre-Covid times we were closer to 200).

**#5 We are hiring** (see #6); Y Jobs come with great benefits, including a Y membership.

**#4 We offer more than 60 classes per week**, all included as part of your membership—you, too, Silver Sneakers (see #9), all designed to meet you where you are and inspire you to (ahem) keep your New Year's Resolutions.

**#3 Yes**—in order of number of requests in our suggestion box—we are lining Court 1 for **Pickleball**, re-opening **Child Watch** and bringing back some **more evening classes**. (We would love to offer even more—please see #5 and let us know your preferred format).

**#2 Randy actually does write most of his own material.**

**And the #1 Thing You May Not Know About Your Local YMCA:**

We are inviting you to kick off 2022 with confidence and momentum. **Our Community Fitness Challenge will help you RESET** and feel strong enough to welcome whatever 2022 may bring.

On behalf of all of us, I hope it's the very best of what life has to offer.  
Happy New Year, Y members.

### HIT THE RESET BUTTON!

Registration for the Community Fitness Challenge is **NOW OPEN!** This challenge runs from January 10 - February 14.

Stay motivated, committed, and rewarded to kick off the new year! Attend group exercise classes, use the Lifestyle Center, and/or participate in special events to earn points! Once registered, pick up your tracking card from the Membership Services desk. Winners will be determined by the highest number of points earned. If a tie occurs, there will be a drawing for each prize.

There are two levels to compete in - Level 1 is for ages 18-49 and Level 2 is ages 50 and up. The prizes in each category for 1st place is a \$100 Amazon gift card and 2nd place is a \$50 Chamber Bucks gift certificate.

\$15 for members. \$65 for nonmembers. The fee for this challenge includes a t-shirt or tank top and full access to the YMCA. Click [HERE](#) to register or visit us at the Y!

## LIFEGUARD CERTIFICATION

Whether you are looking for a great summer job or a career as a professional lifeguard, the Red Cross Lifeguard certification and training program is the place to begin. Class runs from January 15 to March 26 on Saturdays from 8:30am to 11:30am.



## YOUTH IN GOVERNMENT

This is a fun, character building and educational program that helps develop the next generation of thoughtful, committed, and active citizens. Participants learn the principles of a democratic society by interacting and engaging with their peers in the process of civic action and leadership! We learn how to debate, public speak, write bills, prepare court cases and even write articles for the press. Program concludes with a weekend trip to Madison.

- Open to 7<sup>th</sup>-12<sup>th</sup> graders
- Program runs Jan. 11th—March 6th
- Must attend Pre-Gov Jan 30th (virtual) AND
- Model Gov in Madison March 4-6, 2022
  - Starts Tuesday Jan. 11th @ 6 PM

## GIVING TREE

To all members of the YMCA that contributed to this year's Giving Tree, The Manitowoc County Human Services Foster Care Program thanks you! You have all shown what a generous community we truly live in! Our children and youth in out-of-home-care placements are so appreciative of all of the gifts that they received at Christmas this year. Thank you so much for your generosity!

## NOW OPEN!

The Pitz Family Fun Center and Child Watch (drop-in babysitting) are NOW OPEN! Stop at the front desk for visit <http://mtrymca.org/childcare> for more information!

FIND US ON:



## WINTER PROGRAMS

Winter 1 began on January 3. But there is still time to register! Check out the program guide and register today. Click [HERE](#) or go to [mtrymca.org](http://mtrymca.org) and click the PROGRAM GUIDE button on the left

## HUMANE SOCIETY

Thank you to all who contributed to the Humane Society Drive that our Child Care department held in November!



## NOW HIRING!

We are hiring for both full and part-time positions. All positions include a sign-on bonus, flexible hours, and a FREE Y membership!

Click [HERE](#) or go to [mtrymca.org/employment](http://mtrymca.org/employment) to view our open positions and download an application!

## THANK YOU BANK FIRST!

THANK YOU to Bank First for the generous \$25,000 donation to the YMCA!

