



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MANITOWOC-TWO RIVERS YMCA

September 10, 2020 MEMBER NEWSLETTER

Hello Y Members,

We are turning a corner into a new season, but that will not deter our outdoor class folks from soaking up every last ray of sunshine and degree of heat our lakeshore will provide. Outdoor wellness classes are likely one of the things that will make the “innovated-in-response-to-COVID-but-will-continue-to-do-because-how-great!” list. *Remember, members, you can bring a guest with you at no charge to attend these outdoor classes; they are open to all, so bring a friend and a sweatshirt and enjoy the view before Wisconsin weather ushers us back indoors.*

This week also brings with it our first week of Fall 1 classes. As with so many things we’re experiencing this fall, there will be **familiar offerings...with a twist**. With that twist comes a new perspective on how we’ve always done things and the tremendous opportunity we have to consider alternatives.

For example, we will offer **swim team and gymnastics** this fall, as always. Unlike every other season, however, we are not able to host meets. We worked hard to define and execute safe operating procedures for practices and classes, but couldn’t ever quite land on a fool-proof solution when it came to inviting multiple communities and hundreds of people into one place. So, we’re using this first part of the season to focus on our Y’s **character values** and **teach valuable life skills**. If we can’t compete against another team, let’s use this time to set **personal goals** and experience what it’s like to train and compete only to beat your own pre-determined **measure of success**. A great life skill! If we aren’t able to experience what we were expecting, how do we **make the most of what is happening**? What can we **appreciate**? What can we do to **lift another’s spirits** today? How can we **ask for help** when it’s our turn to feel down?

These are lessons we are all learning and re-learning this year. Thank you, Y members, for your support of Y youth programs that give our next generation the **mentors, tools and confidence they need** to navigate whatever life brings their way!

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THANK YOU!

Our corporate partners recognize that a strong Y helps build a strong community! Thank you, Ansay and Associates, for your annual, generous support of Y programs; and for all you do for our lakeshore community.



TENNIS COURTS

Good news for our racquet sport members! Your tennis and Pickleball courts are OPEN and ready for play! Fair Warning: We are considering using a court to host a few of our group exercise classes so our active members can feel good about the distance between one another.

Not a tennis or Pickleball player yet? Lessons are available for all ages and abilities—and we no longer charge court fees unless you want to secure a regular time every week.



HIGHER GROUNDS COFFEE

BACK BY POPULAR DEMAND! Higher Grounds Coffee truck will be in the YMCA parking lot on September 29 from 8:30am to 10:00am for all your beverage needs! They serve lattes, cappuccinos, Americanos, sweet and spicy chai tea, iced lattes, and MORE! Prices range from \$2 to \$5. Cash or credit. Socially distanced outdoor seating will be available.

NATIONWIDE MEMBERSHIP

If you are a member here, you are a member of ALL YMCAs in the nation through our Nationwide Membership system. Visiting family? Son/daughter in college? Traveling for business? You can visit the YMCA in that area to get your workout in or have fun with your family. NOTE: Due to COVID-19, some Ys have suspended Nationwide access to reduce the transmission between communities. Please call ahead before making your plans to visit.

GIVE

Your donation helps us ensure that *every* child—no matter his or her family's financial situation—has access to character-building Y programs. Thank you for helping us nurture the potential of EVERY child.

Click [HERE](#) to donate!

SAILBOAT

Thank you to Gary Miller for the donation of a SAILBOAT to the YMCA!



SAVE THE DATE

We will be hosting a "Virtual Pet Show" during the week of October 26 on Facebook. Cats, dogs, guinea pigs, and more are all welcome to participate. Stay tuned for details.



MATCHING GIFT PROGRAM

Many companies allow their employees to direct their charitable giving programs through matching gifts. See if your employer contributes by contacting your HR department, by clicking [HERE](#), or head to our website under GIVE!