

COMMUNITY TOGETHER



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MANITOWOC-TWO RIVERS YMCA SEPTEMBER 2022 MEMBER NEWSLETTER

Hello and Happy September, Y friends,

Although it's hard to believe on days like today, fall will soon be officially upon us and temperatures will start to drop. For most of us, this means putting on an extra layers, switching from AC to heat, and going on with our lives as usual.

Unfortunately, for too many, it means fretting about where to sleep safely so the cold temperatures don't cause sickness or worse. Some wonderfully compassionate leaders in our community are working hard to open a Warming Shelter this winter as an overnight option for the unhoused. Why is this a need?

- Funding for hotel vouchers has ended, but the need is still there.
- If a person is evicted or falls into an unhoused situation, the average time to find stable housing is 34 days.
- Hope House, The Haven and InCourage continue to do incredible work; the Warming Shelter is a short term solution for people who can't be immediately served by these organizations.

The plan is to temporarily open at First Presbyterian Church at 502 N. 8th St this November and operate nightly 8pm to 8am. The shelter will be supervised and food will be provided through Grow it Forward.

The Planning Commission unanimously approved to recommend the establishment of a Warming Shelter to Common Council for their vote later this month. Leadership to this effort hopes to have **70 volunteers secured by that time** and I'm here to ask for your help with this bold goal. Volunteer opportunities:

- Four hour shifts between 8pm and 8am
- Daily Set Up: 7:00-8:00pm
- Daily Check in: 7:30-9:00pm
- Daily Clean Up: 7:30-8:30am

If you are able, [please register here to volunteer, donate, or find out more](#) about this important, humanitarian effort on our lakeshore. In a world where so much hurt is out of our control, this is one way to make our corner a little safer, a little more compassionate, and a little warmer.

Thank you, Y Members!

LABOR DAY

The Y will be closed Monday, September 5 in observance of Labor Day. We will maintain regular hours Saturday and Sunday.

Enjoy the holiday weekend!

FALL HOURS

The YMCA Fall hours will begin on Tuesday, September 6. They will be as follows:

Monday - Thursday

5am to 8pm

Friday

5am to 6pm

Saturday

6am to 6pm

Sunday

9am to 6pm



TURKEY TROT

CALLING ALL TROTTERS! Registration is open for the Festival Foods Turkey Trot! Sign up today at www.festivalfoodsturkeytrot.com!

HIGHER GROUNDS COFFEE

Take advantage of the Fall flavors! Higher Grounds Coffee will be in the YMCA parking lot through October on Thursday mornings from 8:00am-10:00am.

AQUATIC CENTER HOURS

Please check the [app](#) or our [website](#) for our pool hours in September as they will be changing weekly. If you know anyone interested in being a lifeguard or a swim instructor, please email Barb at bschmidt@mtrymca.org.

MAH JONGG

Learn to play the American version of the ancient Chinese tile game, Mah Jongg! Class will be held on Thursdays from 1-3pm starting September 15.

SELF-DEFENSE CLASS

We will be holding a Women's Self-Defense class on Saturday, October 15th from 9:00am - 12:00pm. Ages 15+. Register today! Click [HERE](#) for more information.

NOW HIRING!

Seeking a job that is meaningful and serves the community you live in? Look no further, the Y is hiring! Full & Part-Time positions in Early Childhood Education, Youth Sports, School-Age Care, Aquatics, Leadership, and MORE! \$12 per hour minimum, Full family membership, flexible hours, benefits, great team...Inquire with hollen@mtrymca.org!

FALL 1 PROGRAM

Registration is **OPEN** for the Fall 1 program session. Click [HERE](#) or head to mtrymca.org and click SCHEDULES to view the program guide. Fall 1 runs from September 10 to October 27.

HUMANA GO365

Do you have Humana Go365? If so, good news....we can once again report your visits so you can earn rewards!

You should have received an email from Danielle at the Y with your login information and instructions. If not, please reach out to her at dwaak@mtrymca.org.

NUTRITION CONSULTATIONS

Meet one-on-one with a Certified Nutrition and Wellness Consultant to discuss your individual needs to help create a plan and guideline on implementing healthier eating habits that are specific to your personal health and wellness goals. For more information, head to <http://mtrymca.org/wellnessprograms>!

MILWAUKEE BUCKS CLINIC

Milwaukee Bucks Fall Clinics are an excellent opportunity for kids ages 5-12 to keep their basketball skills sharp. These one-day clinics provide a fun and team-oriented environment geared towards players of all skill levels to help them excel their game. Bucks clinic coaches are selected for their basketball knowledge and ability to teach kids of all ages and skill levels. All fall clinic registrants will have the option to add a Milwaukee Bucks Youth Basketball branded headband, basketball or t-shirt to their clinic package for an additional fee.

Registration is done through the Milwaukee Bucks website. Sign up today at <https://tnbabasketball.com/bucks/milwaukee-bucks-fall-clinics/>!



FIND US ON:



YouTube

