



# Basics of Butterfly and Breaststroke (BBB)

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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## IMPROVED TECHNIQUE SWIMMING PHYSIQUE Basics of Butterfly and Breaststroke (BBB)

Has your child completed minnow and would like to join swim team, or is your child struggling to learn breaststroke or butterfly? Enroll in this new program. Students will work solely on these two strokes.



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