



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATIC SCHEDULE

MANITOWOC-TWO RIVERS Y

Main Pool Instructional pool	Monday Sept 5 th	Tuesday Sept 6 th	Wednesday Sept 7 th	Thursday Sept. 8 th	Friday Sept. 9 th	Saturday Sept 10 th	Sunday Sept 11 th
Sept 5th – Sept. 11th	YMCA CLOSED	MAIN POOL 5:00-7am Lap Swim (all lanes)	MAIN POOL 5:00-7am Lap Swim (all lanes)	MAIN POOL 5:00-7AM Lap Swim	MAIN POOL Opens 7AM	POOL OPEN 9AM	POOL OPENS 10AM
SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE	CLOSED	MAIN POOL 7AM-12pm Open/lap	MAIN POOL 7AM-12PM Open/lap	MAIN POOL 7am-12pm Open/lap	MAIN POOL 7am-2pm Lap 5/6 Open 1-4	9am- 3pm Lap Lanes 5/6 Open Lanes 1-4	10am-230pm Lap 5/6 Open 1-4
Multiple activities are often scheduled in this pool at the same time.	HAPPY LABOR DAY	Main Pool Water Jog 945-1030am	INSTR POOL OPEN 10AM	Main Pool Water jog 945-1030am	Pool Closes @ 2pm		INSTR POOL FAMILY SWIM 1230 – 230pm
Children are NOT allowed in the Whirlpool 18+ ONLY			INSTR POOL 11-145 Water Fusion				**SWIM LESSONS START**
** DURING FAMILY SWIM WE RESERVE THE RIGHT TO LIMIT NUMBER CAPACITY IN THE POOL.**		MAIN POOL 12pm-1 pm Lap only (all lanes)	MAIN POOL 12pm -1pm Lap Swim (all lanes)	MAIN POOL 12pm -1pm Lap Swim All lanes			Main Pool 245-530 Lessons 4 lanes
CHILDREN NEED TO HAVE A PARENT IN THE WATER WITH THEM DURING FAMILY SWIM.		MAIN POOL 1pm-730pm Laps 5/6 Open 1-4	Main Pool 1pm – 530pm Lap 5/6 Open 1-4	MAIN POOL 1pm-730pm LAP 5/6 Open 1-4			
			POOL CLOSES @ 530pm FOR LG INSERVICE				



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****Schedule is subject to change without notice****

General Swim

Staff reserves the right to limit the amount of patrons in the pool at any time.

During lap swim, patrons must be swimming laps in a north to south movement.

Whirlpool is for patrons 18 years and older only.

Proper swim attire must be worn at all times and is subject to YMCA attire rules.

Family Swim/Open Swim

Any child who cannot stand on the bottom of the pool and is a non-swimmer will need to wear a Coast Guard Approved floatation device AND a parent/adult MUST be in the water and stay within arm's reach of the child.

During *family swim* an adult MUST be in the pool at ALL TIMES with the children under the age of 15.

During *open swim* an adult MUST be on the pool deck if child is between the ages of 9-12. For children under 9 a parent must be in the water with child.

In order for a child (under 16) or anyone deemed questionable at swimming, must pass a swim test before going into water too deep to stand. A test may be done on each visit.

The test includes:

- 1) Swim 1 length of the pool using front crawl, putting face in the water. Eyes and face must be in water while swimming.
- 2) 30 seconds of treading water in deep end.

Manitowoc-Two Rivers Y

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