



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATIC SCHEDULE

MANITOWOC-TWO RIVERS Y

Main Pool Instructional pool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sept. 12th – Sept 19th **SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE** Multiple activities are often scheduled in this pool at the same time. Children are NOT allowed in the Whirlpool 18+ ONLY ** DURING FAMILY SWIM WE RESERVE THE RIGHT TO LIMIT NUMBER CAPACITY IN THE POOL.** CHILDREN NEED TO HAVE A PARENT IN THE WATER WITH THEM DURING FAMILY SWIM.	Main Pool Opens 7am Main Pool 7am-12pm Open/lap INSTR POOL Open 10am-12pm Arthritis 1015-1050 Water Fusion 11am-1145 MAIN POOL Lap Swim 12 – 1pm Main Pool 1pm – 730pm	MAIN POOL 5:00-7am Lap Swim (all lanes) MAIN POOL 7AM-12pm Open/lap Main Pool Water Jog 945-1030am MAIN POOL 12pm-1 pm Lap only (all lanes) MAIN POOL 1pm-730pm Laps 5/6 Open 1-4	MAIN POOL 5:00-7am Lap Swim (all lanes) MAIN POOL 7AM-12PM Open/lap INSTR POOL OPEN 10AM INSTR POOL 11-145 Water Fusion MAIN POOL 12pm -1pm Lap Swim (all lanes) Main Pool 1pm – 730pm Lap 5/6 Open 1-4	MAIN POOL 5:00-7AM Lap Swim MAIN POOL 7am-12pm Open/lap MAIN POOL 12pm -1pm Lap Swim All lanes MAIN POOL 1pm-730pm LAP 5/6 Open 1-4	MAIN POOL Opens 7AM MAIN POOL 7am-2pm Lap 5/6 Open 1-4 Pool Closes @ 2pm	POOL OPEN 9AM 9am- 3pm Lap Lanes 5/6 Open Lanes 1-4	POOL OPENS 10AM 10am-230pm Lap 5/6 Open 1-4 INSTR POOL FAMILY SWIM 1230 – 230pm Main Pool 245-530 Lessons 4 lanes



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General Swim

Staff reserves the right to limit the amount of patrons in the pool at any time.

During lap swim, patrons must be swimming laps in a north to south movement.

Whirlpool is for patrons 18 years and older only.

Proper swim attire must be worn at all times and is subject to YMCA attire rules.

Family Swim/Open Swim

Any child who cannot stand on the bottom of the pool and is a non-swimmer will need to wear a Coast Guard Approved floatation device AND a parent/adult MUST be in the water and stay within arm's reach of the child.

During *family swim* an adult MUST be in the pool at ALL TIMES with the children under the age of 15.

During *open swim* an adult MUST be on the pool deck if child is between the ages of 9-12. For children under 9 a parent must be in the water with child.

In order for a child (under 16) or anyone deemed questionable at swimming, must pass a swim test before going into water too deep to stand. A test may be done on each visit.

The test includes:

- 1) Swim 1 length of the pool using front crawl, putting face in the water. Eyes and face must be in water while swimming.
- 2) 30 seconds of treading water in deep end.

Manitowoc-Two Rivers Y

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