



# MANITOWOC-TWO RIVERS YMCA JUNE 2026 MEMBER NEWSLETTER



## IMPACT SPOTLIGHT

When Sarah moved to Manitowoc, one of the first places she came was the Y. She had been a member of the Y in the last two communities she lived in and knew it could be a place to meet people and stay active. In a new town where she was feeling lonely and hoping to make friends, the Y quickly became a familiar and comforting place.

Since joining, Sarah has found connection in group exercise classes, where friendships have grown into walks, coffee dates, and time spent together beyond class. She has even invited friends from other parts of her life to come enjoy classes with her. Her children have also found their own place at the Y through swim lessons and basketball. The kind teachers and coaches "make the Y feel like a happy place they can always go."

For Sarah and her family, the Y transformed a new town into a place where they feel known, welcomed, and at home.

Dear Y Members:

Thank you to all who came to celebrate our 150<sup>th</sup> anniversary of Y service to our communities in the United States. It's an amazing milestone and wonderful to celebrate with you all; here's to another 175!

Zeroing in more locally, our Y has been serving our community for more than 60 years, with our **building coming up on its 60-year anniversary**. With approximately 200,000 visits a year from our facility members, we are a hub of activity for people of all ages and stages of life. It's awesome to consider the impact we have had, collectively, on the health and well-being of hundreds of thousands of people on our lakeshore.

It goes without saying that attention must be paid to how we age (as with ourselves, so, also with our buildings!). In order to ensure that we continue to serve Manitowoc County for another 60 years and beyond, we need to take good care and be vigilant stewards of our assets, the most obvious being our building at 205 Maritime Dr.

First constructed in 1968, with additions and renovations in 1976, 1994, 1999 and 2017, it has been well-built (thank you, Hamann Construction!) and well-tended (thank you long list of vendors and contractors!) over the years. Our current board understands the imperative of continuing this stewardship-- even more so as systems reach older age and community needs shift.

We have short-term and long-term plans for this. In the short-term, we are increasing our facility and maintenance budget for our coming year, allowing for more human power and more capital investments for the inevitable fixing and mending projects. Additionally, we will be shutting down the upstairs for a week in late August to address some cleaning and maintenance that cannot happen when in active use. We know that this is inconvenient for our members, and we ask for your patience as we do what we can proactively to keep our building a welcoming, safe, clean space.

We do this as we also make plans to ensure sustainable operations for 60+ more years. We will be contracting with an engineering firm to do a complete Facility Conditions Assessment this summer, doing a deep dive analysis into the state of our systems and capital needs for the next era of service. Parallel to this data gathering, we will be asking our community for input on what services and facilities the Y should be investing in for our next era of helping kids, families, adults and seniors thrive on our lakeshore.

This combined data will inform the next era of Y work, and the tools (facilities) we need to get it done. We invite anyone interested in this strategic conversation to join us – it will be a challenging, invigorating and ultimately highly rewarding endeavor that will allow us to shape the future of our beloved Y. We'll keep you updated, of course, but reach out with any questions you have at any time. Thank you for your membership and support of our legacy organization!

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## SUMMER PROGRAMS

The summer program guide is available online. Check it out at [mtrymca.org/program-guide](https://www.mtrymca.org/program-guide). Registration for all summer camps (NinjaZone®, Gymnastics, Y Camp) and summer swim team is **OPEN!** Registration for summer programs begins on June 8 for members and June 10 for nonmembers.

## 3K, 4K, 4K Y ENRICHMENT, 4K Y EXTENDED CARE

**YMCA 3K** is full; however, you can be added to the waitlist. Please head to <https://www.mtrymca.org/3k-preschool-child-care> to learn more. Email [registration@mtrymca.org](mailto:registration@mtrymca.org) with questions.

**MPSD 4K** registration is open. Please head to <https://www.manitowocpublicschools.org/enroll/4-year-old-kindergarten.cfm> to learn more. Questions on 4K should be directed to 920-686-4777.

**4K Y Enrichment & 4K Y Extended Care** is open. Please head to <https://www.mtrymca.org/4k-y-enrichment-4k-y-extended-care> to learn more. Email [registration@mtrymca.org](mailto:registration@mtrymca.org) with questions.



## HIGH SCHOOL SENIORS

A special thank you to our graduating seniors...

Jacob Gebhart (Aquatics), Abby Andrews (Aquatics), Emily Michaelson (Aquatics), Alaina Uhlir (Aquatics), Aubrey White (Aquatics) Brooklyn Kieselhorst (Aquatics), Payge Dewane (Gymnastics), Khloe Jalbert (Gymnastics), Tanya Ertman (Gymnastics) and Sandra Waak (Child Watch) - THANK YOU for all you have done for our Y and congratulations on your upcoming graduation.

Congratulations to all high school seniors as they approach the end of their high school careers.

## YARN WITH FRIENDS

Come gather at the Y to crochet, knit, or do other needlework. Bring a project of your choice and your own materials and we'll provide the space to share creativity, ideas and tips. Held the third Wednesday of every month from 1:30pm to 3:30pm. **FREE!**

## LIVESTRONG® AT THE YMCA

**THE NEXT SESSION OF LIVESTRONG AT THE YMCA STARTS SOON!** Livestrong is a FREE 12-week program designed for cancer survivors looking to regain strength and energy after treatment. Join us for supportive, small-group sessions focused on wellness and recovery. **Thank you to our sponsors Scott and Laurie Mertens.**

Mondays & Wednesdays  
9:00 AM – 10:15 AM

For more details, head to <https://www.mtrymca.org/livestrong-ymca>

## LIMITED SPOTS IN Y CLASSROOMS

**We have space for your 2 and 3 year olds in Y Early Learning - a rare opportunity!**

Kids need to learn how to play well with others and you need to work - your Y is here for it! If you want your little one to experience preschool learning that will help them get a jump start with interpersonal skills and succeeding in group settings (aka classrooms), now is your chance to register for full-time or part-time care. Spots will fill fast, so register today!

Fully-licensed, experienced teachers. Age-appropriate curriculum. Fun guaranteed. To register or for additional questions, email [registration@mtrymca.org](mailto:registration@mtrymca.org).

## AMERICAN RED CROSS BLOOD DRIVE

Every 2 seconds, someone in the U.S. needs blood. Help save a life by scheduling your appointment today. Walk-ins are also welcome. **Monday, July 6 from 11am to 4pm in the Community Room.**

This summer, the American Red Cross is teaming up with Looney Tunes™ to celebrate the red, white and YOU! Donors can join our squad to honor our country's 250th anniversary and America's spirit of service by giving blood. Those who come to give blood June 29-July 12 will score a classic American Red Cross x Looney Tunes T-shirt, while supplies last!

<https://www.redcrossblood.org/give.html/donation-time>

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## WE'RE HIRING!

Do work that matters – join the Y team! We have part-time and full-time positions available. Learn more and apply at <https://www.mtrymca.org/careers>.

## OUTDOOR FITNESS

**June 13** kicks off the first weekend of our outdoor fitness classes. Join us on the Maritime Museum Rooftop – **FREE to the community!**

8:00am POUND® with Kelsey (please bring a mat)  
9:00am Zumba® with Tori

Watch for more information on our other rooftop weekends taking place on July 18, August 15, and September 12.

## SUMMER HOURS

Beginning June 8, the YMCA will observe our summer hours on the weekends and will be **closing at 1:30pm on Saturdays and Sundays.**

We will be closed on **Saturday, July 4** to allow our employees to have off on the Fourth of July.

Anyone who has purchased a FOB for 24/7 access will be able to utilize the second floor of the Y anytime the building is closed (other than our maintenance and improvement week).

## A QUICK REMINDER

Don't forget to scan in at the front desk each time you visit. Check-ins help us maintain a safe environment, follow Praesidium child safety standards, and receive credit for insurance-paid visits. We appreciate your help!

## FACILITY CLOSURE

The 2nd floor will be closed, including 24/7 Fitness access, during our summer maintenance and improvement week **Sunday, August 24 at 1:00pm through Friday, August 28.**

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FIND US ON:

